

September 2021

SUN

MON

TUE

WED

THU

FRI

SAT

1



2 Teach your child to play hopscotch. (Movement & Math)

3 Sing an "ABC" song. Help your child think of words that start with each letter sound

4



5 Take a trip to the library and let your child choose several books to read. (Pre reading skills)

6 Labor Day



7 Cut an apple in half and show your child the star in the apple. Make apple star prints (Art)

8



9 Let your child help you make an apple crisp or apple pie. (Cooking)

10 Teach your child the song "Down on Grandpa's Farm" (Music)

11 Let your child sign a card and send it to her grandparents (Writing & Kindness)

12 Grandparents Day



13 Ask your child what he wants to be when he grows up. (Social Science)

14 Tell your child family stories about when you were growing up. (History)

15 Play the "opposite game" say a word and have your child say the opposite (Language)

16 Let your child sing and act out the "Grey Squirrel Song" (Music and Movement)

17 Hide large nuts around the house for your child to find, while pretending to be a squirrel (Problem solving)

18



19 Set out a bird feeder and see how many different kinds of birds come to visit (Science)

20 Take a walk and see how many different types of autumn leaves you can find (Science)

21 Put leaves under a sheet of paper and let your child make a leaf rubbing. (Art)

22 Fall Begins



23 Pretend to be a leaf falling a twirling to the ground (Movement)

24



25 Encourage your child to say hello to one new friend at the playground. (Social Skills)

26 Count how many different types of apples you can find at the grocery store (Math & Observation)

27



28 Using a light, inflatable ball, teach your child to play catch or kick a ball (Coordination & Movement)

29



30 Take a walk and see if you can find birds starting to fly south for the winter. (Science)